

# MY VISION

Action Items  
I can do in...  
1 WEEK



Action Items  
I can do in...  
1 MONTH



Action Items  
I can do in...  
1 YEAR



What is getting in my way?



How can I beat  
these challenges?

Who can help me?

*"Don't wait until you've achieved  
your goal to be proud of yourself."*

*Be proud of every step you take  
toward reaching that goal!"*

*-Anonymous*



The Autism Program  
AT BOSTON MEDICAL CENTER