



# The Autism Program

AT BOSTON MEDICAL CENTER

I Can Fall Asleep By  
Myself!!!





Big kids can go to sleep all by themselves! Since I am a big kid, I can go to sleep all by myself too.



I will kiss mommy good night, but then she will leave. I can fall asleep by myself!



I like it better when Mommy lies in bed with me until I sleep, but since I am a big kid, I don't need her to do that anymore.



When I wake up in the morning, I can see mommy again! She will be so proud of me because I stayed in my bed and my room all by myself!